



Personal Development at Inkersall Spencer Academy



Our Vision...

At Inkersall Spencer, we understand the importance of supporting the development and well-being of all our pupils to ensure their successful integration into the local society and wider world. We aim for our children to understand what it means to be a member of a diverse society and respect all that that entails. Personal development at Inkersall aims to help the children understand how they are developing personally and socially, and it tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with a safe environment and opportunities to respectfully challenge opinions. Our personal development curriculum is ambitious, broad and balanced for all pupils including those with SEND and/or disabilities.

SMSC, British Values, PSHE and RSE are underpinned by our 'ROOTS' curriculum, in order to provide children with the understanding and skills they need to prepare them for success in the next stage of their lives.





Respect

Children understand the importance of valuing differences and treating others with kindness, fairness and consideration.
Children are able to show respect for themselves, others and the environment, recognising the impact of their words and actions.

Resilience

Children are able to persevere when faced with challenges and understand that mistakes are part of learning and growth.
Children develop confidence to manage setbacks positively and use strategies to overcome difficulties.

Regulation

Children are able to recognise and manage their emotions using appropriate strategies to support their wellbeing.
Children understand how to make safe and positive choices, regulating their behaviour in different situations and environments.

Responsibility

Children can take responsibility for the role they play in an ever-changing world.
Children can take responsibility for their actions and are aware of the impact they can have upon others.

Relationships

Children are able to identify what constitutes as a positive relationship for themselves and have the confidence to address concerns.
Children to be able to form respectful relationships with a wide range of people who they will encounter in the wider world.



Implementation



Our personal development curriculum is implemented through our 'ROOTS' curriculum', which acts as the driving force behind pupils' personal, social and emotional growth. It is designed in line with the statutory requirements of the 2014 National Curriculum and the 2021 Relationships, Sex and Health Education (RSHE) guidance. Through carefully planned learning opportunities, pupils develop the knowledge, skills and attitudes needed to thrive as respectful, responsible and active members of society.

Teachers use progressive skills and knowledge documents to plan high-quality learning experiences for all pupils. These documents are carefully sequenced to ensure that prior learning is revisited and built upon in an age-appropriate manner, supporting children to make strong progress in their personal development. Learning is tailored to meet the needs of the Inkersall Spencer community and reflects the values and experiences of our pupils.

Relationships Education, Sex Education and Health Education are taught through the Jigsaw scheme across the year. British Values, including democracy, the rule of law, individual liberty, mutual respect and tolerance, are woven throughout the curriculum and wider school life. Personal Development lessons are taught regularly in classes, giving pupils dedicated time to explore key themes such as identity, relationships, mental health, safety and preparing for life in modern Britain.

Enrichment opportunities are carefully planned to enhance pupils' understanding and experiences. Whole-school events such as Anti-Bullying Week, Children's Mental Health Week, Online Safety Day and charity initiatives provide meaningful opportunities for reflection and discussion. Assemblies throughout the week further support pupils' development by exploring a wide range of moral, social and cultural themes linked to the ROOTS values.

Children are supported to understand and regulate their emotions through the use of strategies such as the Zones of Regulation and other consistent approaches used across school. This helps pupils to develop emotional literacy, self-awareness and positive coping strategies. The mental health and wellbeing of our children is a priority; therefore, trained staff and pastoral support systems are in place to ensure children receive the guidance and care they need to flourish.



We actively promote pupil voice and leadership. Children understand that their views matter and are given opportunities to contribute to school improvement through roles such as the school council, eco-council, OPAL leaders and class responsibilities. These opportunities help children to develop confidence, responsibility and a sense of belonging within the school community.



Every teacher is a teacher of children with special educational needs and/or disabilities. We are committed to ensuring that all pupils can fully access and achieve within the personal development curriculum. Through reasonable adjustments, targeted support and personalised approaches, we remove barriers to learning and maximise each child's potential. This is achieved through strong collaboration with pupils, families, staff and, where appropriate, external agencies. Our inclusive approach ensures that all children are supported to succeed personally, socially and academically.

Impact

The personal development curriculum at Inkersall Spencer Academy plays a vital role in preparing our children for their future. Our children leave Inkersall Spencer as respectful, resilient and responsible citizens who have a clear understanding of right and wrong. They leave school with an appreciation of what it means to be a positive member of a diverse and multicultural society, where differences are valued, celebrated and learned from.

Our children understand what positive relationships look like and have the confidence to seek support when needed. They have a strong understanding of how to stay safe, both online and in the wider world, and know how to make informed and healthy choices. Pupils develop the ability to regulate their emotions, manage challenges positively and show empathy towards others.

Through our ROOTS curriculum, children are prepared for the next stage of their education and beyond. They take responsibility for their actions, contribute positively to their community and demonstrate kindness and respect in all that they do.

Our inclusive curriculum ensures that pupils with SEND are well prepared for the next stage of their personal development journey, enabling every child to thrive and succeed from their individual starting points.